



# The Servant Leader

THE NEWSLETTER OF THE CENTER FOR VOCATION AND SERVANT LEADERSHIP

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## Seven Habits of Emerging Leaders

Twenty-five undergraduate students have committed to a seven-week leadership program being offered by Community Development and the Center for Servant Leadership. Robin Cunningham



Amanda Di Donato completes the 7 Habits 'Big Rocks' challenge with help from the other participants.

and Carol Ann Koert are facilitating the seminar series that is based on Covey's *7 Habits for Highly Effective College Students*.

The 7 Habits of Emerging Leaders encourages students to be proactive, create a personal mission statement, work as a leader, listen

empathically and learn good time-management skills. This is accomplished by using written exercises, videos, initiative games and group discussions. After six weeks of training, the participants will be treated to a special evening out.

"I love the insight

and guidance it provides," said Meg Wessel, a freshman who learned about the program on BlackBoard. "It helps me to see my goals and plans in a realistic and

'do-able' perspective. It also gives me useful ways to accomplish my goals in an effective manner."

Amanda Di Donato, a current Servant Leader Scholar agreed: "So far I have learned I need to take a step back and organize my life. In our last meeting we spoke of putting first things first and

I think that is such an important aspect in our life that we forget. I know that being an athlete I have so many things going on that sometimes I let the small things interfere with what is truly important."

Carol Ann and Robin will continue to challenge students to think about their goals and how they can be transitional leaders at school, work, and in their community through November 3.

## New 'Vocation Programming' for Seniors

After the success of the *Wake up and Smell the Popcorn* program, Andrew Brereton has created a new vocation presentation for Junior- and Senior-level classes. The new program, entitled "Ready for Life," asks students to consider the uncertainty of life and how their time at Seton Hall has helped them prepare for the difficult decisions that lie ahead.

Through the use of dis-

cussion questions, situational exercises and various readings, Andy asks leading questions like:

- ◆ Where do you see yourself in 15 years?
- ◆ What are your core values?
- ◆ What values will best serve you in your life?
- ◆ What are the important tools you need to get through a crisis?

- ◆ How well are you prepared for the ups and downs of life?

These questions are raised so the students can work through how they would make important decisions. The goal of the program is to have students identify their core values while emphasizing the importance of following their calling, even through unpredictable times.



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## Fast Forward

FAST Forward (Faculty, Administration, Staff Together) allows Setonians time to chew on spiritual things and not miss lunch. This semester's theme is



Andy Brereton and Patrick McLaughlin enjoy lunch and discussion at the first FAST Forward lunch of the semester.

“Callings” and at each lunch a different example of being called in Scripture is discussed. If you would like to get an email re-

minder of the meeting, send your request to Dr. David Foster at [fosterda@shu.edu](mailto:fosterda@shu.edu).

The group meets every other Thursday in the Campus Ministry Lounge, Boland Hall from 12-1. The first meeting was October 6 and the discussion was the Call of Moses (Exodus 3, 4). A copy of the text is emailed to participants in advance so they have time to reflect on the story.

The other Thursdays

# FAST FAST

and texts are:

- ◆ October 20, *Call of Samuel to call David*, 1 Samuel 16:1-13.
- ◆ November 3, *Call of Matthew*, Matthew 9:9-13.
- ◆ November 17, *Call of St. Paul*, Acts 9: 1-20.
- ◆ December 1, *Call of Mary and Elizabeth*, Luke 1:26-38.

The program is a nice opportunity to meet people from other departments on campus while sharing good food and good ideas. Please contact the Center for Servant Leadership at ext. 6042 for more information.

## Welcoming our New Servant Leader Scholars

This year's Servant Leader Scholars were welcomed by Father Holmes and the staff of the Center for Vocation & Servant Leadership at a reception in the Regents Suite on September 21.

Thirty of the 42 scholars were in attendance and had the opportunity to meet each other, learn about the events for the semester and discuss the importance of servant leadership.

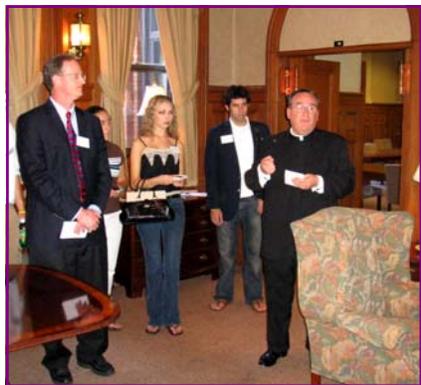
Asked about the current program, scholar Elaine Banner

said, “The Servant Leader program is important for Seton Hall because it encourages active leadership through faith and good works on campus. It promotes a type of moral and ethical leadership that is becoming rarer in the world. It rewards students that actively try to make themselves better leaders by becoming dedicated followers of a higher calling.”

The scholarships were established to support students who are examples of leadership for the good of others.

Congratulations to our 2005-2006 scholars: Duarte Aguiar, Jacqueline Arnett, Elaine Banner, Salam Beldaiwi, Stephen Camiolo,

Mary Clinton, Emily Dakin, Joseph Deaux, Evan Dembkowski, Tara Didomizio, Amanda Di Donato, Kevin Donahue, Dana Efremska, Dana Esposito, Ashley Evans, Therese Floyd, Dan Foley, Gregory Kelly, Sarah Kish, Jude Lasota, Gina Laugelli, Bonny Life, Nicholas Magrogan, Mudduser Malik, Melissa Mathesius, Mary McAvoy, Tan Nguyen, Meaghan Ohrenberger, Rev. Martin Okoro, Jose Ortiz, Danielle Paleafico, Maura Reilly, Joyce Risalvato, Colleen Smith, Edward Stanks, Elizabeth Stuckart, John Szczepanik, Peter Touhill, Frank Valente, John Verdonck, and Christen Walker-James.



Dr. David Foster and Father Paul Holmes introduce the eight new Servant Leader Scholars at the Welcome Reception.

## Upcoming Events

Every Wednesday Night  
8:00 pm - 10:00 pm  
**Out of Babylon Campus Ministry radio show** hosted by David Peterson, John Stobb and Regina Novicky on 89.5 FM.

November 4-6  
**Hall Retreat at Ave Maria Retreat House in Doylestown, PA** - The weekend retreat will give participants a chance to consider God's personal call and what that means in their life. The

retreat will include talks followed by discussions, time for personal prayer, the celebration of Mass, and some time for common fun.

November 18  
**Leadership Retreat** - Fr. Steve Ryan and the Salesians will be facilitating this day-long retreat on faith and leadership. Lunch and transportation will be included.

November 21  
**Toast Alan Yost** - A Jesuit from Boston will talk to students about his vocation and why he decided to join the Jesuits. The event will take place in the Chancellor's Suite at 4:00 pm.

February 3  
**Deadline** for the Public Service Month Essay Contest.



## It's Your Call: Vocation Profile

### Marie Somers

**1. Where were you born?**  
*Beirut, Lebanon.*

**2. A defining moment in your life was . . .**  
*There are two: At age 7, I came to the United States from England - my family and I landing at Logan Airport in Boston, Polish refugees who had finally found their home. I felt (more than I actually knew) that life would never be the same, that all kinds of possibilities had just opened up, and that becoming an American would always be a balancing act between what I came from and what I hoped to be.*

*An even more defining moment was the sudden death of my husband when I was 39 and my daughters were 6 and 9. As Joan Didion has recently written about her own husband's death - the suddenness and the irreversibility of the moment is overwhelming and catapults you into a twilight zone all of its own. Yet at the*

*same time, death has a way of defining life, and I never knew more clearly what was important to me, what I valued more than life itself, what I really believed in, than in those first moments when death paid us a visit.*

**3. What is one word that you would use to describe yourself?** *Hopeful.*

**4. What is one word that others would use to describe you?** *Reliable.*

**5. What do you feel called to do?**  
*I have always felt that teaching is what I do best, but not necessarily in the classroom. I mean teaching in the broadest sense: opening up possibilities that those around you would not have thought of, teaching by exploring different solutions, hopefully also teaching by example.*

**6. A perfect day would**

**have to include...?** *Family, friends, and a great day at the beach!*

**7. Describe what you do in two words (noun and verb).** *Coordinate websites.*

**8. Where would you like to travel next?** *Russia.*

**9. What is your favorite pastime?**  
*Reading, watching old movies, traveling.*

**10. If you could spend 24 hours with anyone, living or dead, who would it be?**  
*I always wanted to have dinner with Peter Jennings, listen to Chopin play one of his compositions, and watch Napoleon in action.*





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## Involvement Fair

The staff at the Center for Vocation and Servant Leadership met students and advertised upcoming events at the Involvement Fair on September 9. As part of Welcome Week, Community Development organized the fair to showcase opportunities for involvement on

campus.

Dr. Foster, Carol Ann Koert, Kristen Weis and David Peterson were assisted by a committed group of Servant Leader Scholars in explaining the purpose of the Center and how students could get involved in our activities.

At events like this, it is helpful to have a freebie. We gave away 150 carabiners with our web site information and offered chances to win a \$50 Gift Certificate to the book store.

The winner of the gift certificate was Giuseppe Barone.



Carol Ann Koert and Kristen Weis talk to students about the Center at the Involvement Fair.

## From the Director's Desk

### Staying Focused

Seton Hall is fortunate to have four young FOCUS volunteers (Fellowship of Catholic University Students) on campus. Allow me to introduce this year's team.

Kate Ebeler is the campus director for the team. She returns to Seton Hall after a year at New Mexico Highlands University. Kate discovered FOCUS while she was a student at the University of Denver majoring in biology and psychology. She credits FOCUS with helping her rediscover her faith when she was a junior. Kate enjoys snowboarding, playing volleyball, and having a song for every occasion.

Margot Capocci is in

her third year at Seton Hall. Originally from Philadelphia, Margot got involved with FOCUS at Illinois State University where she majored in speech pathology and audiology. Margot enjoys her outreach to students on campus and professes to be equally loyal to the Coliseum Gym and Dunkin Donuts.

Patrick McLaughlin grew up the second of five children in Los Alamos, New Mexico, where his father worked for the famous laboratory. Patrick was a swimmer in college and just missed making the 1996 Olympic Team. He met

FOCUS as a young Catholic in Kansas City, Missouri. Among other things, he leads a bible study for athletes on campus.

Jeff Ossinger, the team's newest member, recently graduated from Williams College where he

in psychology, plays the guitar, is learning to cook, and loves his work with the students.

The beginning of the school year is an exciting time for the FOCUS team. Already this semester FOCUS has participated in

Move-In Day and the Involvement Fair. With the help of SHU students, the team is offering 13 weekly bible studies and men's



Meet the FOCUS team! Jeff Ossinger, Kate Ebeler, Margot Capocci and Patrick McLaughlin

competed in the decathlon. Well rounded in other ways as well, Jeff majored

and women's prayer nights.

Dr. David Foster