

CHOOSING A HEALTH PLAN JUST GOT EASIER

The Cigna Easy Choice tool helps you find the plan that's right for you.

The Cigna Easy Choice tool gives you personalized guidance to help you find your best fit medical plan.

You can use it from just about anywhere. All you have to do is answer a few quick questions about your needs and preferences. Then, you'll see available plans, ranked by what matters most to you. Compare your options side-by-side. Then print, save or email a handy checklist to use when you enroll.

USE CIGNA
EASY CHOICE ▶

You'll need this access code to get started.
ZMHFMDFR (Monthly Employees)

Want more information?



Watch the [video](#) to see how the tool works.



Use our plan decision [worksheet](#).



Access the [user guide](#).



Together, all the way.®

Offered by Cigna Health and Life Insurance Company or its affiliates.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, contact your Cigna representative.

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