

Welcome!

Diane Lynch, DNP, FNP-C
Director

Joseph Henson, MSN, FNP-C
Assistant Director





About Us:

<https://www.shu.edu/health-services/staff.html>

Location:

- 303 Centre Street – across from the main gate.

Contact us:

- Phone: 973-761-9175 Fax: 973-761-9193
- email healthservices@shu.edu
- Website: <https://www.shu.edu/health-services/>

Hours:

- Monday – Friday 8:45am - 4:45pm
- Hours may vary in the summer and holidays, please check the website.

Services Provided:



Routine medical care

Urgent/ Sick Care

Women's health care

Men's health care

Health Education

- ▶ Immunizations
- ▶ Allergy injections and prescription renewals when appropriate (ADHD out of state, inhalers, etc.)
- ▶ Laboratory services and POC testing
- ▶ Language Line
- ▶ In-house pharmacy (commonly prescribed for problems seen in our office)
- ▶ Telehealth
- ▶ Specialty Referrals

Tips For the Best Care Experience:



- ▶ Appointments can be made online or by calling our office
- ▶ Walk-in's will be accommodated when possible (will triage to decide on appropriate plan)
- ▶ Self care information is available on our website
- ▶ In-Person after hours & weekend care at local clinics/hospital. Telehealth Services are also available
- ▶ Emergencies → 911

NJ and University Required Health Forms and Immunizations



Requirements apply to all registered matriculating students that attend class on the campus



Specific vaccine requirements → see our website



Failure to comply may delay registration for the spring

<https://www.shu.edu/health-services/requirements.html>



Insurance

- ☐ Students may enroll in the University sponsored health plan or may “waive out” of this insurance if they have existing coverage which can be used to access care in NJ
- ☐ We accept all health insurance plans-just like your private practitioner !
- ☐ Information on waiver and insurance is available on our website.
- ☐ <https://www.universityhealthplans.com/shu>

Privacy and Confidentiality

Health Services is committed to maintaining the privacy of medical records as mandated by New Jersey state law.



Student over age 18:

written permission is required from the student to release any protected health information, including communication with family members and faculty.



If student is a minor:

parental or guardian permission is required to release information or to consent for treatment.

Freshman Parent TIPS:



A parent toolkit is on our webpage along with a video tutorial on how to complete the health requirements <https://www.shu.edu/health-services/>

If your student becomes ill or needs assessment of an injury or other concern, encourage them to schedule an appointment with us. We accept all insurance and most visits do involve any cost (with the exception of in-office pharmacy items and outside labs)

Make sure you pack all the commonly used over the counter treatments your student uses at home so they can begin self-treatment if they become ill. (especially helpful in the evening and on week ends)

There is a list of off hours resources on our webpage that includes local urgent cares, hospitals and 24-7 nurse lines:
<https://www.shu.edu/health-services/emergency-assistance-information.html>



Health Services Outreach and Education 2025- 2026

Become Your Best Slept Self Table: We provided a campus tabling event during the fall aimed at sharing information and “sleep kits” showing the importance of sleep on health and academic performance.

American Heart Association “Heart Healthy” education offering CPR certification opportunities and tips on maintaining a healthy heart thru diet and exercise

Opioid Overdose Prevention Program to provide education and resources aimed at prevention

Women’s Health Programming- To promote women’s health services available on campus, health promotion and disease prevention.

Healthy Pirate Screenings aimed at educating students on routine health screening schedules, navigating insurance and increasing student awareness of screenings available in health services.

Epipen administration and training program

Mental Health Depression Screening Program

Questions?
Contact us at 973-761-
9175 or at
healthservices@shu.edu

