

SQ3R Reading Method

	STEPS	Inclusions
	SURVEY	 Read the title of the chapter Read the introdcution for a preview of what the chapter covers Read the headings to review main concepts Examine the visuals (pictures, graphs, tables) Read the summary the chapter summary
	QUESTION	 Formulate questions to think about as you read Key questions: Who, what, where, when, when Begin to draw conclusions as to how this chapter related to your class/lecture
	READ	Look for the answers to your questionsSkim, read, and then rereadWrite down your notes
	REMEMBER	• Go back to Step I and see if you are able to summarize th chapter in your own words. Use techniques like repetition, mnemonics, or outlines to help you remember
	REVIEW	• Review the chapter information before and after class and before exams. Reviewing a little bit every day will help you store the information long-term.

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