



CENTER FOR CATHOLIC STUDIES

TO: IBC AND MICAH PARTICIPANTS

SUBJECT: MAKING BETTER DECISIONS

DATE: FEBURARY 2021

February 2021 Meeting

- **Welcome and Self-Introductions**
- **Ignatian Business Chapters Mission Statement**
 - The mission of the Ignatian Business Chapters is to establish and lead a national and international network of business executives to explore their respective religious traditions in order to help the individual executives:
 - integrate faith, family, and professional life
 - develop a corporate culture that is reflective of their religious faith and values
 - exercise a beneficial influence upon society at large
 - The chapters, grounded in the Roman Catholic tradition, welcome believers who are open to and respectful of one another's religious tradition. They are committed to the conviction that ethics and values grow out of one's religious heritage.

Scripture Reading: Philippians 4:4-9

Rejoice in the Lord always! I say it again. Rejoice! Everyone should see how unselfish we are. The Lord is near. Dismiss all anxiety from your minds. Present your needs to God in

every form of prayer and in petitions full of gratitude. Then God's own peace, which is beyond all understanding, will stand guard over your hearts and minds, in Christ Jesus.

Finally, my brothers, your thoughts should be wholly directed to all that is true, all that deserves respect, all that is honest, pure, admirable, decent, virtuous, or worthy of praise. Live according to what you have learned and accepted, what you have heard me say and seen me do. Then will God of peace be with you.

Quiet Reflection: Five minutes followed by sharing insights

Article: [Make Better Decisions: Slow Down if the Lion Isn't Coming](#)

Be Attentive: What have you noticed about your decision-making patterns? What about the decision patterns of your superiors, subordinates, peers? What about at home with your family?

Be Intelligent: When does fast thinking work for you and when do you do slow thinking? How is your success rate of both styles? When is your mind at work and when are your affections/emotions at play? What values are present or drivers?

Be Reasonable: In the first question, what insights were derived from the mental map of your environment? What about your interior map of head/heart/hands? How often do you step back and reflect on your decision-making process? Has it improved with age?

Be Responsible: What were key insights that surfaced in today's discussion? Any food for further contemplation? Any action steps? What are the implications for you at work, in your community and at home? Leverage the conversation for good!

Closing Prayer: Jesuit Inspired

Nothing is more practical than finding God,
than falling in love in a quite absolute way.
What you are in love with, what seizes your imagination,
will affect everything.

It will decide what will get you out of bed in the morning,
what you do with your evenings, how you spend your weekends,
what you read, whom you know, what breaks your heart,
and what amazes you with joy and gratitude.
Fall in love, stay in love, and it will decide everything.
Amen.

~ Pedro Arrupe, S.J.

Glory be to the Father and to the Son and to the Holy Spirit
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

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