

## HELPFUL CONTACTS

### **Social Security Administration (SSA)**

Phone: 1-800-772-1213

Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)

You can contact SSA for questions about enrolling in Medicare, replacing a lost Medicare card, and general questions about Medicare or Social Security.

### **Centers for Medicare & Medicaid Services (CMS)**

Phone: 1-800-MEDICARE (1-800-633-4277)

Website: [www.medicare.gov](http://www.medicare.gov)

This website includes comparative information on the Medicare Prescription Drug Plans, Medicare health plan choices, hospitals, physicians, home health agencies, nursing homes, and dialysis facilities available in your area. It also provides information on Medigap plans available in your state.

### **State Health Insurance Assistance Program (SHIP)**

Website: [www.medicare.gov/contacts](http://www.medicare.gov/contacts)

Call for help with buying a Medigap policy or long-term care insurance, for help choosing a Medicare health plan, and many other Medicare questions. The telephone numbers are located on the website.

### **Medicaid**

Website: [www.medicaid.gov](http://www.medicaid.gov)

Medicaid is a joint federal and state medical assistance program for individuals and families with low incomes and resources. Medicaid was created in 1965, the same year as Medicare, but it is a separate program. Each state runs its Medicaid program under federal guidelines. For more information, visit the website. You can also call the SSA with any questions.

### **HealthAdvocate:**

Phone: 1-866-695-8622

Website: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)

HealthAdvocate is offered as a University benefit and can be accessed 24/7. Normal business hours are Monday – Friday, from 8 a.m. to 11 p.m. EST. Staff is available for assistance after hours and on weekends. HealthAdvocate can assist with Medicare questions. Please let them know you are a Seton Hall University employee or family member.

**TIAA**

Phone: 1-800-842-2252

Website: [www.tiaa.org/](http://www.tiaa.org/)