



Three Techniques for Remembering Information

Teaching Study Skills & Strategies in College (Iannuzzi, Strichart & Mangrum, 1983)

1. **REPETITION:** Use this strategy when the information is not very detailed.
 - a. Read the information aloud.
 - b. Close your eyes and repeat the information
 - c. Write the information from memory
 - d. Repeat the steps three times until you can repeat it without error.

2. **MNEMONICS:** Use this strategy when the information is detailed.
 - a. Acronyms (*ROY G. BIV* = colors of the rainbow: red, orange, yellow, green, etc.)
 - b. Acronymic Sentence ("*Alice and Alan played inside*" = names of the five oceans: Atlantic, Arctic, Antarctic, Pacific, Indian)

3. **GRAPHIC ORGANIZER:** Use this strategy when the information is very detailed.
 - a. Topic-List graphic organizer shows the topic, subtopics and details.

