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# Welcome to Health Services



*Accredited by the*

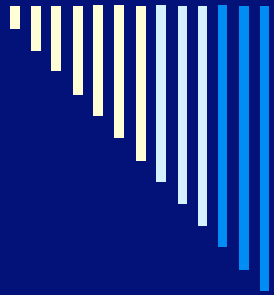
ACCREDITATION ASSOCIATION  
*for* AMBULATORY HEALTH CARE, INC.

**“Helping to Keep You Healthy”**

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# Health Services: 303 Centre Street





# About Us

## □ Location:

- 303 Centre Street – across from the main gate.

## □ Contact us:

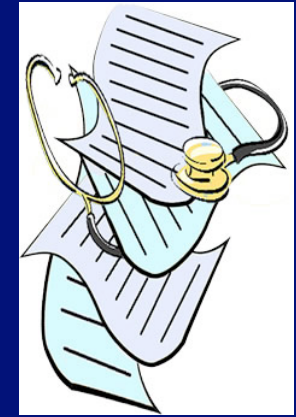
- Phone: 973-761-9175 Fax: 973-761-9193
- email [health@shu.edu](mailto:health@shu.edu)
- Website:  
<http://www.shu.edu/offices/health-services-index.cfm>

## □ Hours:

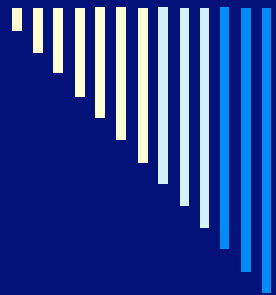
- Monday – Friday 8:45am - 4:45pm
  - Hours may vary in the summer and holidays, please check the website.
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# Health Forms and Immunizations



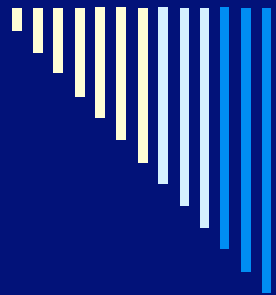
- ❑ Requirements apply to all registered matriculating students that attend class on the main campus, Law School Campus and/or congregate at other locations in the name of the University
  - ❑ Specific vaccine requirements → see Health Form or website
  - ❑ Failure to comply may delay registration
-



# Insurance

- ❑ NJ state requires proof of health insurance
- ❑ Students can opt out of University sponsored health insurance via an electronic waiver.
- ❑ We accept all health insurance plans-just like your private practitioner
- ❑ No payment at time of office visit
- ❑ MUST present insurance card at office visit





# Meeting The Student's Health Care Needs

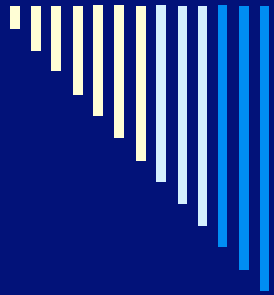
- ❑ Appointments are preferred
- ❑ Walk-in's accommodated as available
- ❑ Visit our website for self care information
- ❑ After hours & weekend care at local clinics/hospital
- ❑ Emergencies →911



# Privacy and Confidentiality



- Health Services is committed to maintaining the privacy of medical records as mandated by New Jersey state law.
- Student over age 18:
  - written permission is required from the student to release any protected health information, including communication with family members and faculty.
- If student is a minor:
  - parental or guardian permission is required to release information or to consent for treatment.



# Services Provided

- Routine medical care
- Wellness care
- Women's health care
- Men's health care
- Urgent/sick care
- Immunizations
- Allergy injections
- Laboratory services
- In-house pharmacy (limited)
- Specialty referrals

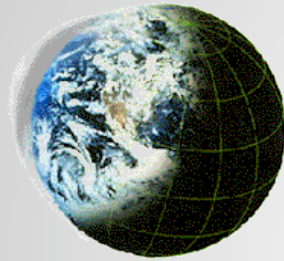
Are there any questions?



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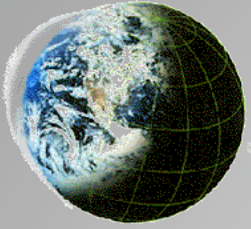
# University Counseling Services

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IACS Accredited

**Promoting Student Health  
and Wellness**

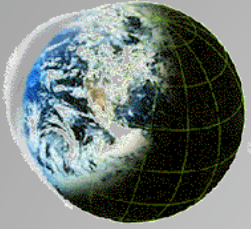


# Psychological Services



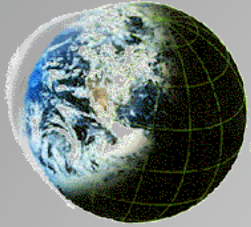
Available to All matriculated students.





# Psychological Services

- Free
- Confidential
- Professional



# Clinical Services Include

Individual counseling

Group counseling

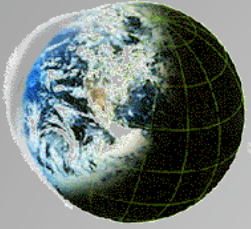
Crisis Intervention

Psychiatric consultation

Psychological evaluations and assessments

Sexual assault/trauma survivor support  
services

Emergency-on-call

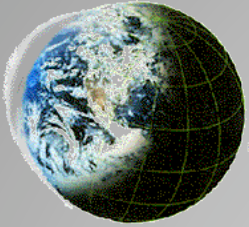


# Emergency-on-call

Counselors are available  
by telephone

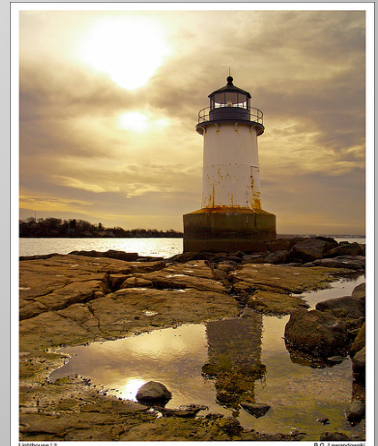
\*24 hours a Day

\*365 days a year

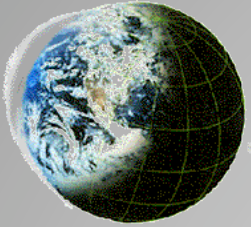


# Consultation

Counseling Services Staff provides consultations for concerned faculty, administrators, residence hall staff, family members, roommates, or friends.



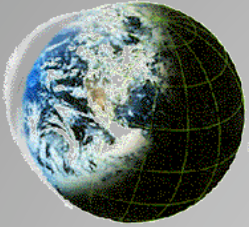
Lighthouse LI © D. Lewandowski



# Referrals

Referrals to outside mental health services for students in need of off-campus treatment, are available.





# Outreach

Counseling Services present programs that heighten awareness about psychological and personal development issues that college students commonly face.



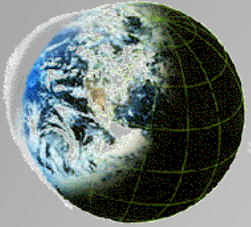
# Outreach



Outreach programs include:

- \* Educational Programs
- \* Interactive Workshops
- \* Mental Health Screenings
- \* Classroom Presentations

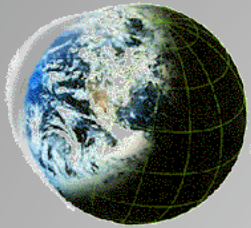




# Emergency

Emergency services are available after hours and on weekends by calling Public Safety at **(973) 761-9300** and asking for the psychologist on call.





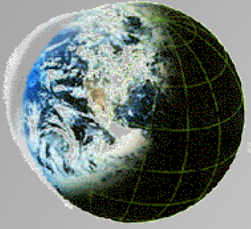
# Website Resources



Marijuana Anonymous  
World Services

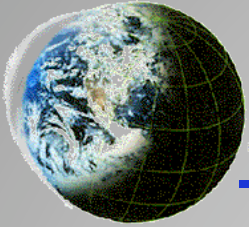


This website sticks to the facts, without judging. You draw your own conclusions.



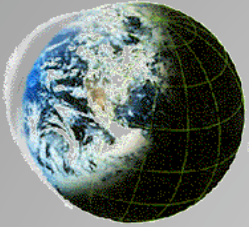
# Online Screenings

- Depression
- Bipolar Disorders
- Post Traumatic Stress Disorders
- Anxiety Disorders
- Eating Disorders
- Alcohol Use Disorders



# More Website Resources

- Stress Management Tools
- Brochures
- Podcasts
- Links to Outside Resources



# Seton Hall University Counseling Services

Mooney Hall, 2<sup>nd</sup> Floor

Phone: (973) 761-9500

Fax: (973) 275-2415

<http://www.shu.edu/offices/counseling-services-index.cfm>

Hours: Monday – Friday

9:00 am – 5:00 pm

Limited evening appointments  
available upon request.

# Counseling Services

## Staff

**Shirley Matthews, Ph.D**

*Director, Counseling Services*

**Dianne Aguero-Trotter, Ph.D**

*Assistant Director of Counseling/ Outreach Coordinator*

**Joyce Cito**

*Secretary*

**Henry Janc, Ph.D**

*Psychologist*

**Meg Sosnow, M.D.**

*Psychiatrist*

**Rose Zayco, Ph.D**

*Staff Psychologist*

**Megan Hogarth, Ph.D**

*Staff Psychologist*

**Michael Likier, Ph.D**

*Staff Psychologist*

**Tara Smith, Ph.D**

*Staff Psychologist*